# Outdoor & more

### **GOURMET DOLOMITES**

During the summer, the ancient flavours and traditional dishes become the stars once again in the tastings at folk festivals but also, in a revised and gourmet version, in the renowned restaurants of the valley.



### **FEELING GOOD IN NATURE**

Have you ever tried to hug a tree, to listen to the sounds of the woods or dip your feet in the icy waters of a mountain stream? This is what it means to feel good in nature, regenerating yourself by absorbing its energy and finding a new dimension.



### THE WELL-BEING OF WATER

The therapeutic power of the thermal waters and elegant environments of the Terme Dolomiti (qctermedolomiti.it) and the Terme Dolomia (termedolomia.it) of Pozza di Fassa, as well as the Dòlandes Aquatic Centre in Canazei (dolaondes.it) and the Aquapark Vidor in Pozza (campingvidor.it), where you can spend hours of relaxation and fun, gently lulled by the water.



### THE SUMMER HIGHLIGHTS **MAJOR SPORTS EVENTS**

**IN VAL DI FASSA** 

## Val di Fassa has been hosting sports events for several years, attracting athletes and spectators from all over the world. Among

these, the most prestigious ones are: Sellaronda Bike Day, on the four Dolomites passes by bike without cars

**Dolomyths Run**, a prestigious international mountain running competititon Marcialonga Running, running along the

route of the winter granfondo classic Uci Enduro World Championship Val di

Championship in the Dolomites And for football fans, in July

Fassa Trentino, Enduro Bike World

Val di Fassa will host the summer training retreat of Genoa C.F.C.

A summer at the Ladin Museum

pc. Sèn Jan - www.istladin.net

constructions, vintage films and storical photos, the museums and

eat War in Val di Fassa are

f the front that crossed

Exhibitions and Museums

of the Great War

learn about Ladin culture, its tradition

nd its history, with interesting sections

the valley, open and ready to welcome

**NOS LADINS** 

### TRADITIONAL FESTIVALS

Culture, folklore and gastronomy enliven the summer in the long-awaited traditional festivals. Among these, just to name a few, the Festa Ta Mont, in the splendid setting of the Val San Nicolò, the Gran Festa da d'Istà, which ends the summer and recalls the traditional groups of the Ladin valleys and the Festival del events among the Val di Fassa Dolomites. Puzzone di Moena Dop.



### **MUSIC IN THE DOLOMITES**

There are many events that involve music, with concerts at altitude, in the mountain huts or in the squares of the towns. And also 'The sounds of the Dolomites', the prestigious international music festival, also finds evocative settings for some of its musical



# **AUTUMN IN VAL DI FASSA:**

When the woods are tinged with warm



### WINTER PREVIEW

Ready to experience the snow? When the snow covers everything, it's time to put your **skis on and slide** down the top slopes of the Val di Fassa, to put on a pair of snowshoes for excursions on the snowy paths together with other winter experiences in the Dolomites. Discover the Val di Fassa outdoor winter.



# THE BEAUTIFUL SEASON

autumn colours, come and discover the magic of the season, with the warmth of the thermal waters, relaxing activities and experiences in contact with nature in the mountain huts still open at altitude.



CONCEPT 2024 WHITE, RED & GREEN A. ANDERSSON, F. MAIANI, F. MODICA, D. MOLINARES, P. RAMIREZ, M. RIZZI, PH. ARCH. QC TERME DOLOMITI







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# **VAL DI FASSA DOLOMITES UNESCO WORLD HERITAGE** FONDAZIONE UNESCO RESPECT THE DOLOMITES



**ALTERNATIVE MOBILITY** WITH THE VAL DI FASSA **GUEST CARD** 

Find out more at fassa.com

## Find out how to get here at fassa.com











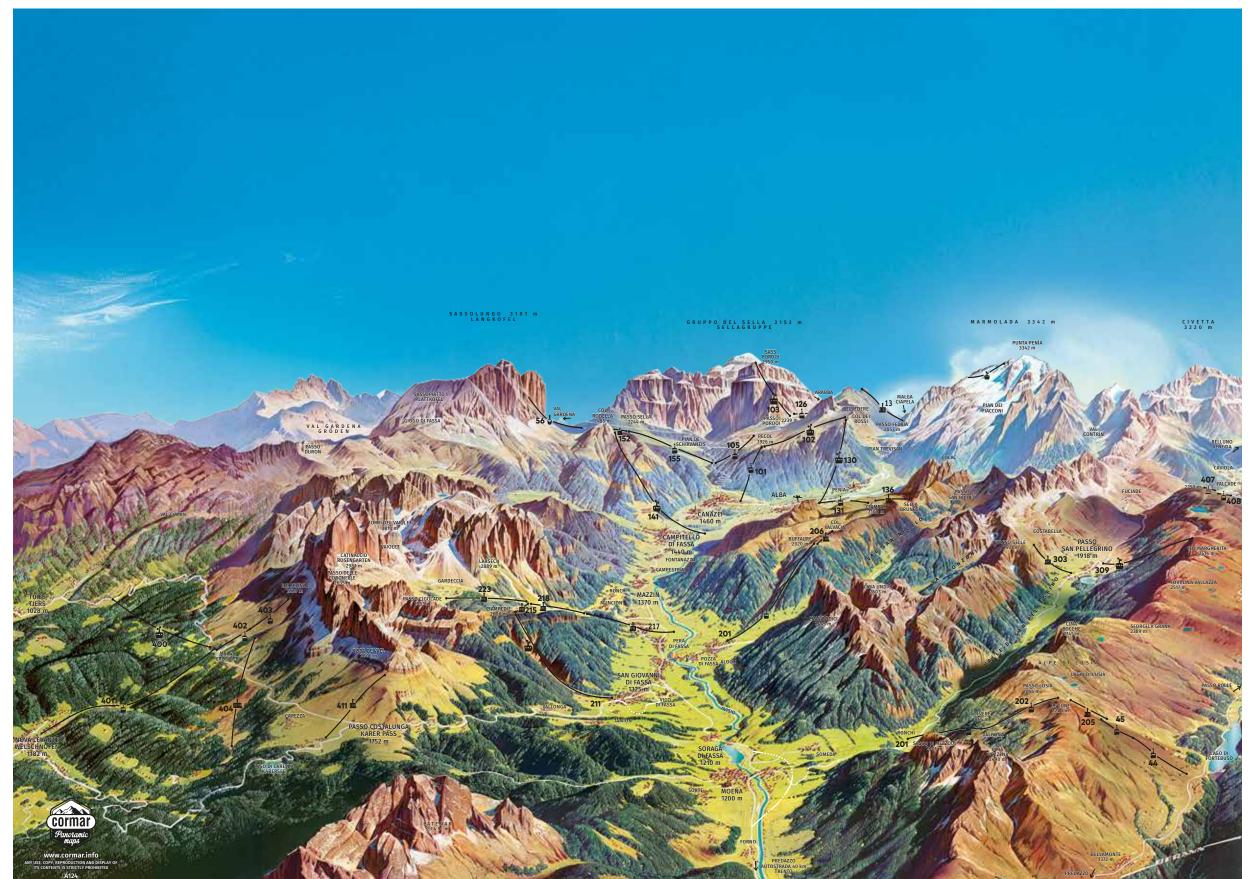


LIFTS





fassa.com



## THE LIFTS OPEN IN SUMMER

The extraordinary beauty of the Dolomites is really within everyone's reach, thanks to 33 lifts open in summer in Val di Fassa, simply to climb to the top and enjoy the most spectacular views or as a starting point for unique

and unforgettable excursions.

Lifts opening dates and times o Lifts opening dates and times on fassa.com

The convenience of a single pass for the lift facilities open in summer, even for multiple daily rides on the chosen days. The pass is available in different types (3 days out of 6; 6 days out of 6; 7 days out of 13), with reductions for juniors and a family promotion, while children up to 8 years travel for free. Conditions of sale on fassa.com/en/card-and-benefits/panorama-pass



## **VAL DI FASSA GUEST CARD**

With the Val di Fassa Guest Card, paper or digital, you can access free or discounted activities and services, including the use of public transport and guided tours, AS WELL AS A 10% REDUCTION ON THE PURCHASE OF THE PANORAMA PASS. Get it free of charge from your accommodation provider, partner of the Val di Fassa Tourist Board, and, once activated, carry always it with you to take advantage of all the benefits it has to offer.

### **CAUTION** IN THE MOUNTAINS

Moving around in such a majestic natural environment as that of the Fassa Dolomites requires careful attention and a conscious assessment of one's own capabilities. And to understand how to best approach the mountain you can also count on the advice of operators and experts, to plan the excursions well and enjoy the outdoor experiences in tranquillity.



### **DOLOMITI** TREK KING

An extraordinary experience in the heart of the Dolomites, from one mountain hut to another, thanks to holiday packages that offer the opportunity to combin stays in the villages and unforgettable experiences at altitude. Several are the packages offered to discover the most evocative corners of the valley. Find out more at fassa.com

### HOSPITALITY IN THE MOUNTAIN HUTS

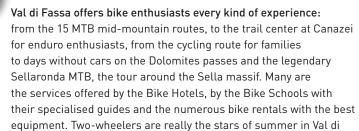
What better reward, after a long walk, than to be able to enjoy the hospitality of the mountain huts, taste the flavours of their authentic cuisine and, waking at dawn, admire the magic of the natural spectacle of the 'enrosadira', when the Dolomites are tinged with pink, from a unique and privileged point



### **BACKPACK ON YOUR SHOULDERS** AND OFF YOU GO...

..on the paths of Val di Fassa! Walk along paths immersed in the woods, walk in the green of the meadows and then climb, step by step, along the high roads of the Dolomites that, in an infinite intersection of paths, cross majestic sceneries and lunar rocky plateaus, surrounded by the imposing peaks that stand out in the immense blue of the sky.





### **VAL DI FASSA FOR KIDS**

Val di Fassa through the eyes of children, a unique natural environment to discover thanks to a varied programme of guided activities, recreational and educational workshops, a dedicated literary festival, visits to the mountain huts, theatrical performances and themed excursions. There are also several hotels specialised in welcoming children as privileged guests, to make their holiday real fun. Find out more at fassa.com



## **SPORT CHECK POINT OUTDOORS IN VAL DI FASSA**

The Sport Check Points provide information, assistance and a booking



'Omegn da mont', men of the mountains. This is how the Mountain Guides are called in the valley, a definition that sums up all their deep knowledge of the mountain, on which you can rely to discover the territory, in total safety. And for those who are interested in exploring the naturalistic aspects, culture and history of the valley, the Hiking Guides offer an interesting programme of excursions and activities.







service for all outdoor activities that can be practised in Val di Fassa. Activities with the Mountain Guides, with the Hiking Guides, tours and activities with the Bike Guides, horseback riding, paragliding flights and much more. Summer in Val di Fassa is synonymous with active holidays, in the heart of the Dolomites. Find out more at fassasport.com





