

ESCURSIONI INVERNALI | WINTER WALKS | WINTERWANDERUNGEN

SEGNALI PER ELICODDORO / SIGNALS FÜR DIE LUFTRETUNG

Y ARMIAMO BISOGNO DI AIUTO! ATTENDETE QUI! / WE NEED HELPI LAND HERE! / WIR BRAUCHEN HILFE! HIER LANDEN!

N NON ABBIAMO BISOGNO DI AIUTO! / NON ATTENDETE QUI! / WIR DON'T NEED HELPI LAND! / WIR BRAUCHEN KEINE HILFE! NICHT LANDEN!

REFUGI E PUNTI DI RISTORO | HUTS AND REFRESHMENT POINTS | SCHUTZHÜTTEN UND JAUSESTATIONEN

Chiuso in inverno / Closed in winter / Geschlossen im Winter

Aperto in inverno / Open in winter / Geöffnet im Winter

Consulta la lista dei rifugi aperti in inverno disponibile su fassa.com / Check the list of the huts open in winter available on fassa.com / Konsultieren Sie die Liste der Hütten geöffnet im Winter erhältlich auf fassa.com

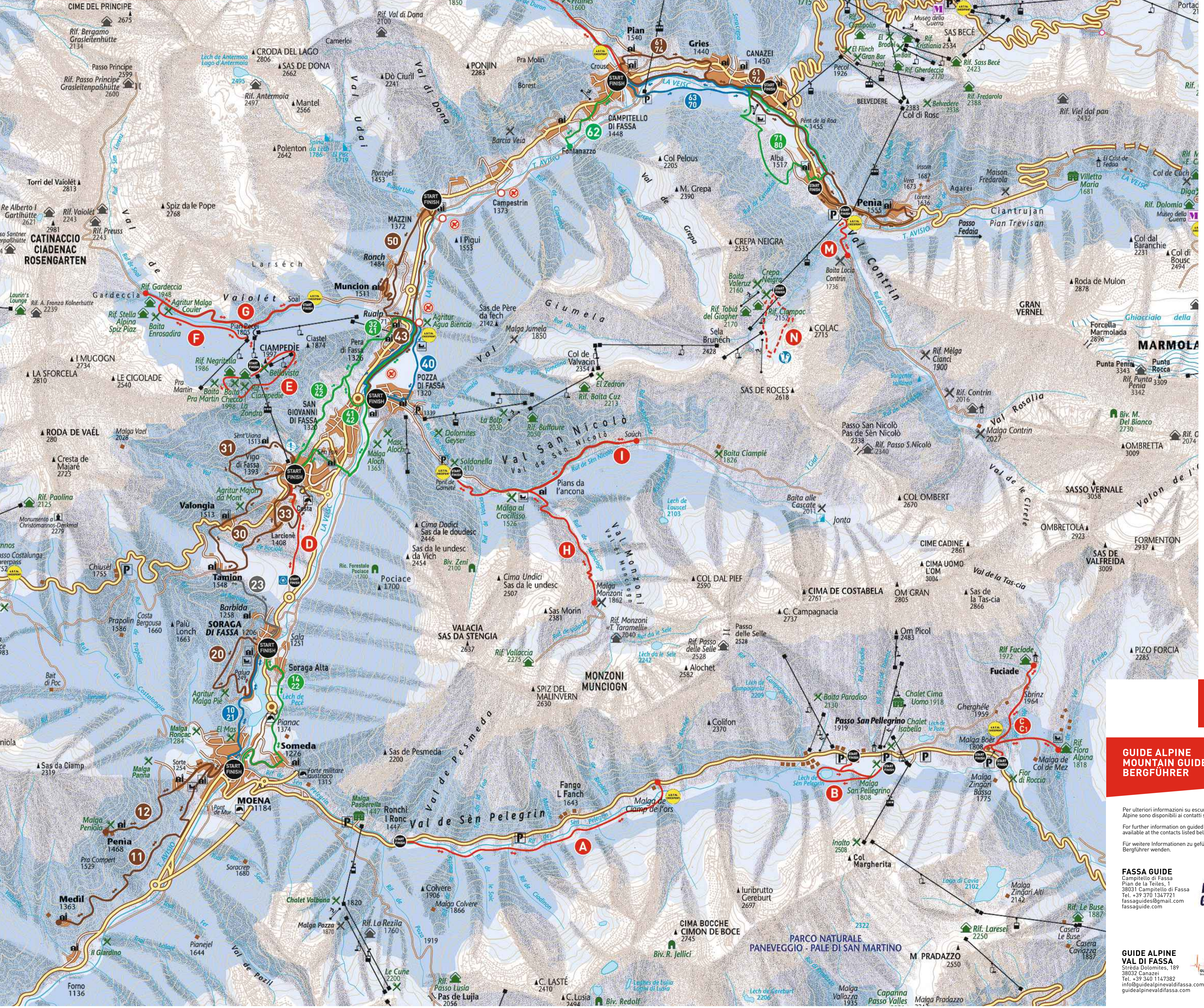
SOCCORSO | EMERGENCY | NOTRUF

112

SOCCORSO ALPINO - EMERGENZA SANITARIA / ALPINE RESCUE - MEDICAL EMERGENCY / BERGRETUNGSDIENST - NOTFALLDIENST

CAI / CARABINIERI / POLIZIA / POLICE / POLIZEI

Non si assumono responsabilità di ordine giuridico per eventuali danni o incidenti che possano verificarsi su percorsi segnalati in questa cartina. / We disclaim all civil responsibilities for accidents that may occur while using this map. / Für eventuelle Schäden oder Unfälle, die durch die Nutzung dieser Karte entstehen, wird keine Verantwortung übernommen.



Winter walks
Winterwanderungen

Val di Fassa. Dove sei di casa
Where you feel at home
Wo du zu Hause bist

fassa.com

- 10 CONSIGLI PER VIVERE AL MEGLIO LA VOSTRA ESPERIENZA OUTDOOR SULLA NEVE**
1. Pianificare preventivamente l'escursione in base alle proprie capacità, al tempo delle attività e al tipo di terreno. / Plan your day according to your abilities, the weather, the terrain and the type of activity.
 2. Scegliere sempre di effettuare l'escursione in gruppo. / Always prefer being in a group.
 3. Assicurarsi di avere con sé abbigliamento e attrezzatura adeguati. / Make sure you have appropriate clothing and equipment.
 4. Regolare l'ambiente che ci circonda, rispettando l'ambiente. / Respect the environment around you.
 5. Comunicare a qualcuno i propri itinerari, orari di ritorno ed eventuali variazioni. / Inform someone of your itinerary, return time and possible changes.
 6. Andare piano, guidare il cane a guinzaglio e rispettare il silenzio. / Go slowly, keep the dog on a leash and respect the silence.
 7. Non calcare le piante di neve. / Do not trample the snow plants.
 8. Portare anche il vostro animale domestico con sé. / Bring your pet with you.
 9. Portare con sé il proprio cane al guinzaglio e rispettare il silenzio. / Bring your dog on a leash and respect the silence.
 10. Andare piano, guidare il cane a guinzaglio e rispettare il silenzio. / Go slowly, keep the dog on a leash and respect the silence.

APT VAL DI FASSA
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Lo Sport Check Point di Canazei, in collaborazione con le Guide Alpine Val di Fassa, Guide Alpine Dolomiti e altri professionisti della montagna, organizza tutti i giorni:

ALLA SCOPERTA DEI BOSCHI D'INVERNO
Escursione di mezza giornata (9.30 - 12.30). Livello di difficoltà: medio/basso. Difficoltà: medio/facile a difficile.

GIORNATA CON PRANZO IN REFUGIO
Escursione di giornata intera su diversi itinerari in valle (9.30 - 15). Livello di difficoltà: medio.

GIORNATA SERALE CON APERTIVO
Escursione serale (16 - 19). Livello di difficoltà: facile.

GIORNATA PANORAMICA AL CIAMPAK
Escursione di mezza giornata nella bellissima conca del Ciampak (10 - 13). Livello di difficoltà: facile.

GIORNATA AL PASSO PORDOI
Escursione di mezza giornata in uno dei luoghi simbolo delle Dolomiti (9.30 - 12.30). Livello di difficoltà: medio.

SCI ALPINO PER PRINCIPIANTI E ESPERTI D'INVERNO
Corso di sci alpino di 2 giorni (9.30 - 12.30). Livello di difficoltà: medio/facile a difficile.

SCI FUORI PISTA PER TUTTI I LIVELLI
Escursione di sci alpino in un'incantevole valle (9.30 - 15). Livello di difficoltà: facile.

ARRAMPICATA SU GHIACCIO
L'esperienza indimenticabile di scalare cascate di ghiaccio (8.30 - 14). Livello di difficoltà: da facile a difficile.

SCI ACCOMPAGNATO NEL COMPRESORIO DEL DOLOMITI SUPERKI AREA
Giornata intera (8.30 - 16). Livello di difficoltà: medio.

Lo Sport Check Point propone inoltre lezioni di arrampicata indoor, voli tandem in parapendio sulle Dolomiti, gite a cavallo sulla neve, corso di autosoccorso e vie ferrate invernali.

Tutte le attività si organizzano anche singolarmente. Difficoltà: qualsiasi giorno, su richiesta:

The Sport Check Point in Canazei, together with the Val di Fassa Mountain Guides, Dolomiti Mountain Guides and other mountain professionals, organises every day:

DISCOVERING THE WOODS IN WINTER
Half day excursion (9.30 a.m. - 12.30 p.m.). Difficulty: medium/low.

FULL-DAY SNOWSHOE EXCURSION WITH LUNCH AT A MOUNTAIN HUT
Full-day excursion on various locations in the valley (9.30 a.m. - 3 p.m.). Difficulty: medium.

EXCURSION AT SUNSET WITH HAPPY HOUR
Evening excursion (16 - 19 p.m.). Difficulty: easy.

'FAIRY NIGHT' SNOWSHOE EVENING EXCURSION
Night excursion with ascent by snowmobile or snowcat. Typical dinner at a mountain hut and descent by foot, sledge, or snowmobile (5 p.m. - 9.30 p.m.). Difficulty: easy.

PANORAMIC SNOWSHOE HIKE AT CIAMPAK
Half-day excursion in the beautiful Ciampak basin (10 a.m. - 1 p.m.). Difficulty: easy.

SNOWSHOE EXCURSION AT PORDOI PASS
Half-day excursion to one of the most iconic places in the Dolomites (9.30 a.m. - 12.30 p.m.). Difficulty: medium.

SKI-MOUNTAINEERING FOR BEGINNERS AND EXPERTS
Correct ascent and descent technique off-piste. Duration: full day (8.30 a.m. - 3 p.m.). Difficulty: medium/easy to difficult.

FREE-RIDE - OFF-PISTE SKIING FOR ALL LEVELS
Full-day excursion and evening practice off-piste with fresh powder (8.30 a.m. - 4 p.m.). Difficulty: medium.

ICE CLIMBING
The unforgettable experience of climbing ice waterfalls (8.30 a.m. - 4 p.m.). Difficulty: easy to difficult.

SKI GUIDING IN THE WHOLE DOLOMITI SUPERSKI AREA
Hires ski guides (8.30 a.m. - 4 p.m.). Difficulty: intermediate.

The Sport Check Point also offers indoor climbing lessons, tandem paragliding flights over the Dolomites, horse riding in the snow, avalanche rescue courses and winter via ferrata.

All activities can also be organized individually, any day, on request:

Der Sport Check Point in Canazei, in Zusammenarbeit mit den Bergführer Val di Fassa, Bergführer Dolomiti und andere Bergprofis, organisiert täglich:

ENTDECKUNG DER WÄLDER IM WINTER
Halbtägige Schneeschuhwanderung (9.30 - 12.30 Uhr). Schwierigkeitsgrad: mittel/leicht.

SCHNEESCHUH-WANDERUNG MIT MITTAGESSEN AUF EINER BERGHÜTTE
Ganztägige Wanderungen auf verschiedenen Routen im Tal (9.30 - 15 Uhr). Schwierigkeitsgrad: mittel.

ABENDELIKE SCHNEESCHUH-WANDERUNG MIT APERTIF
Abendwanderung (16 - 19 Uhr). Schwierigkeitsgrad: leicht bis schwer.

SCHNEESCHUH-WANDERUNG MIT APERTIF 'FAIRY NIGHT'
Nachtwanderung mit Aufstieg mit dem Motorschlitten oder der Pistenraupe, typisches Abendessen in der Hütte und Abstieg mit dem Schlitten oder Motorschlitten (17 - 21.30 Uhr). Schwierigkeitsgrad: mittel.

PANORAMISCHE SCHNEESCHUH-WANDERUNG ZUM CIAMPAK
Halbtägige Wanderung in das schöne Ciampak-Mulde (10 - 13 Uhr). Schwierigkeitsgrad: leicht.

SCHNEESCHUH-WANDERUNG ZUM PORDOJLOCH
Halbtägige Ausflüge zu einem der berühmtesten Orte der Dolomiten (9.30 - 12.30 Uhr). Schwierigkeitsgrad: mittel.

SKITOURNEHEN FÜR ANFÄNGER UND FORTGESCHRITTENE
Richtige Aufstiegs- und Abstiegstechnik, abseits der Pisten. Dauer: ganzer Tag (8.30 - 15 Uhr). Schwierigkeitsgrad: mittel/leicht bis schwer.

FREE-RIDE - SKIFAHREN ABSEITS DER PISTEN FÜR ALLE NIVEAUS
Skifahren an abgelegenen und bezaubernden Orten abseits der Pisten (8.30 - 16 Uhr). Schwierigkeitsgrad: leicht bis schwer.

EISKLETTERN
Das unvergessliche Erlebnis des Kletterns auf Eiswasserfällen (8.30 - 16 Uhr). Schwierigkeitsgrad: leicht bis schwer.

BEGLEITETES SKIFAHREN IM DOLOMITI SUPERSKI GEBIET
Ganzer Tag (8.30 - 16 Uhr). Schwierigkeitsgrad: mittel.

Der Sport Check Point bietet auch Indoor-Kletterkurse, Tandemflüge mit dem Gletschirm, Reiten im Schnee, Selbstrettungskurse und Winterklettersteige an.

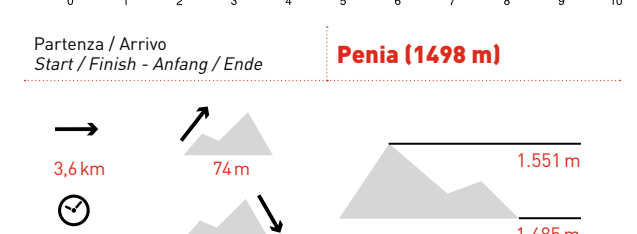
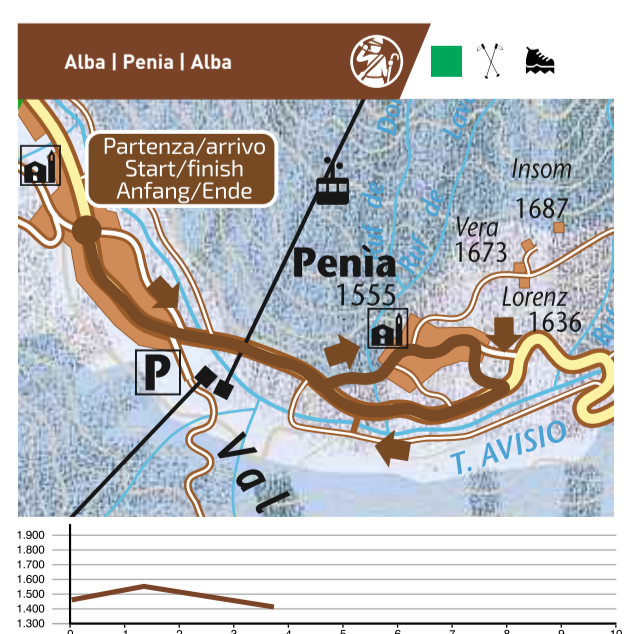
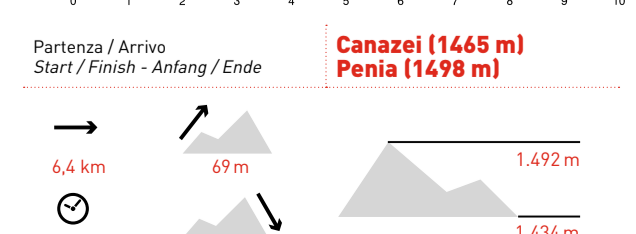
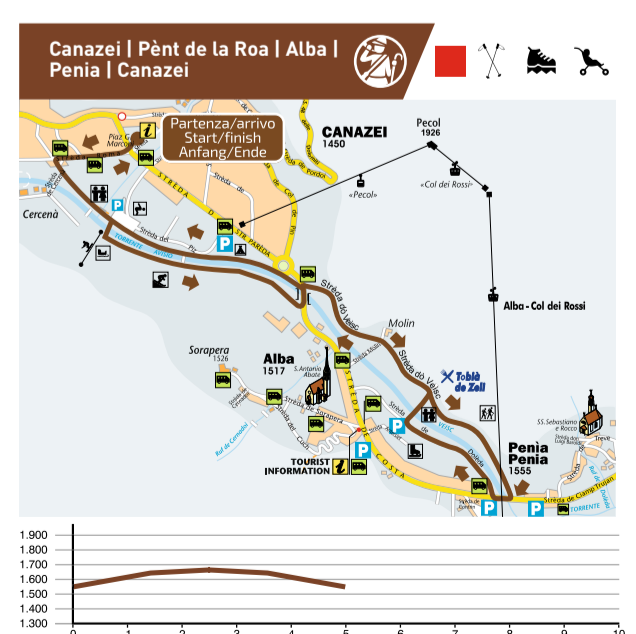
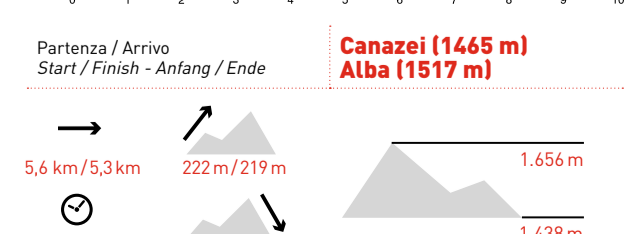
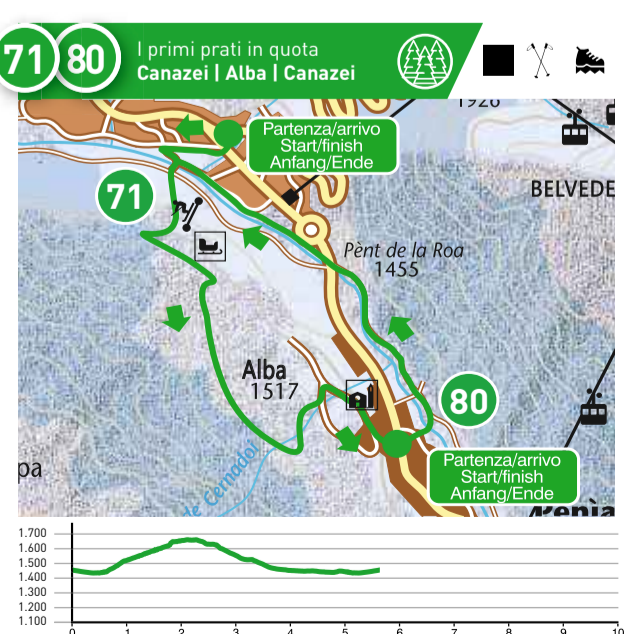
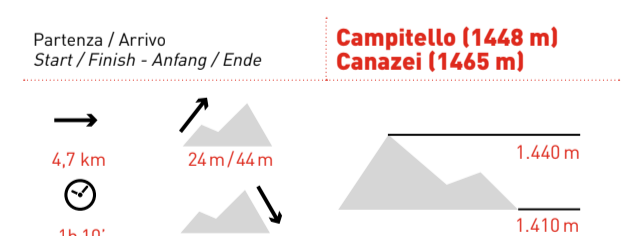
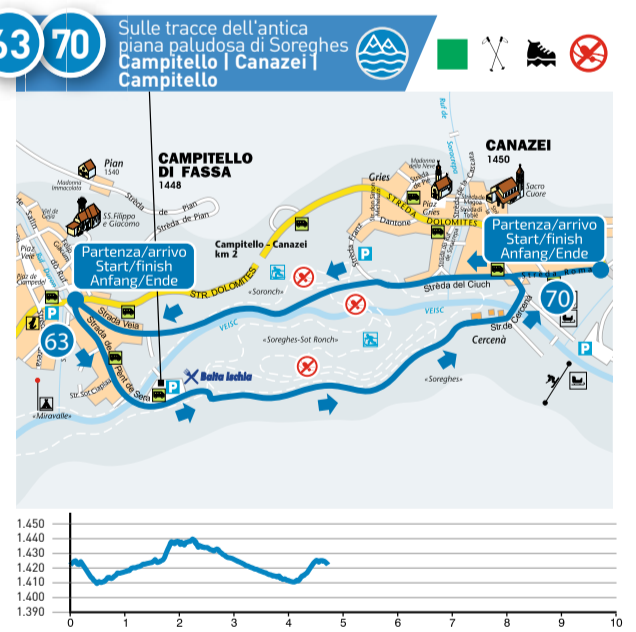
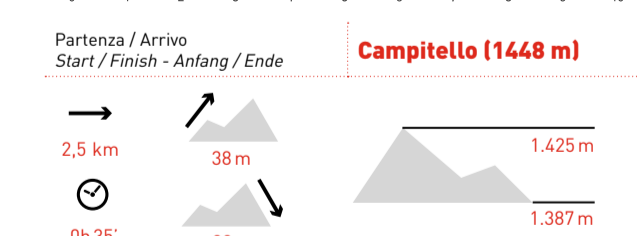
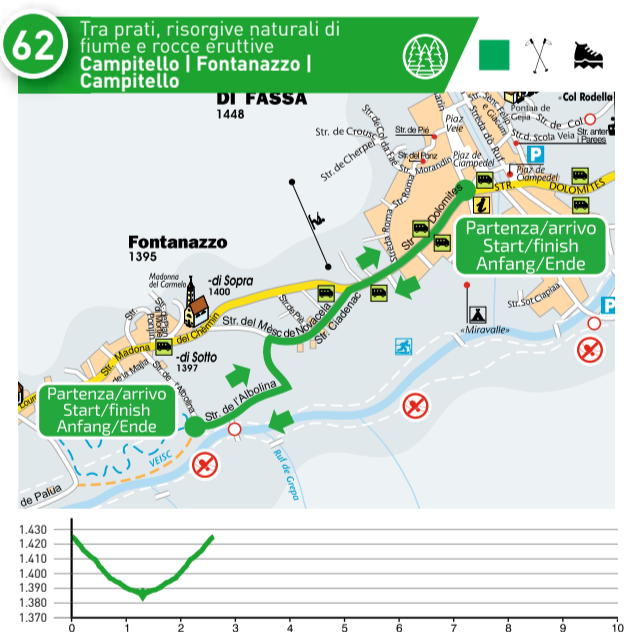
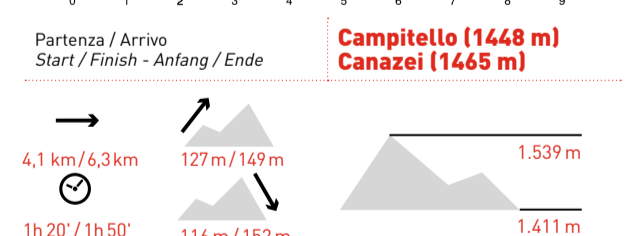
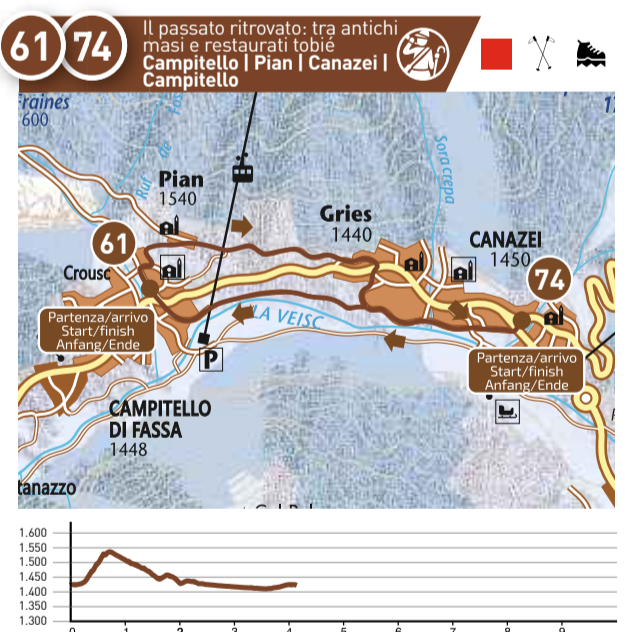
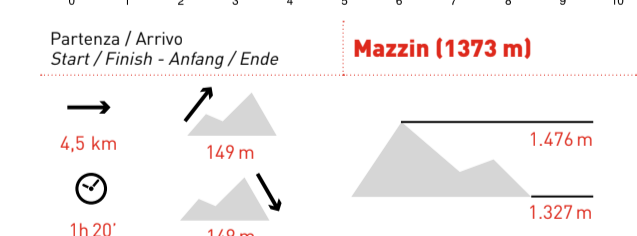
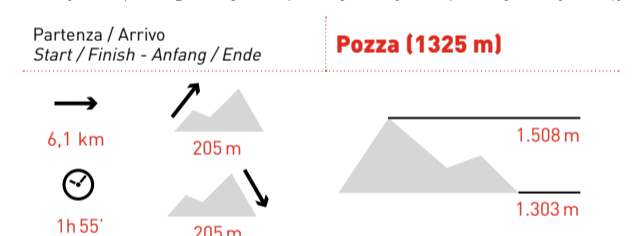
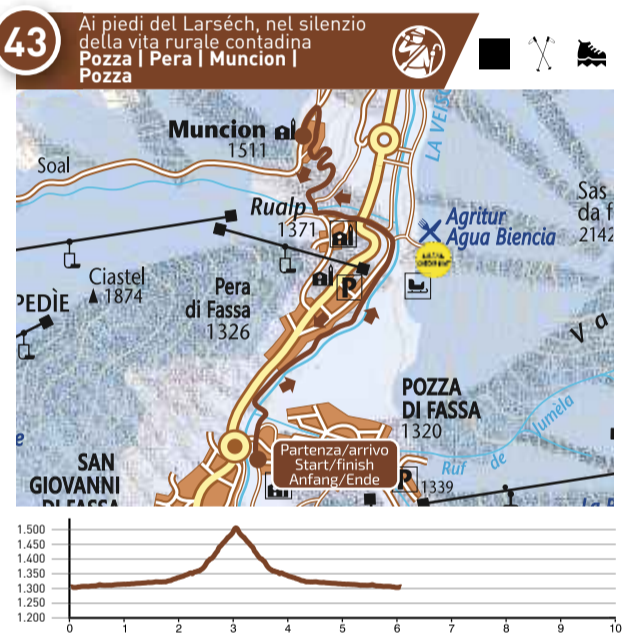
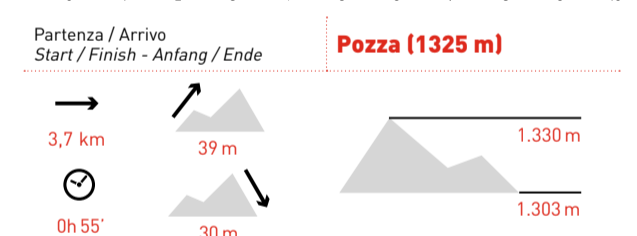
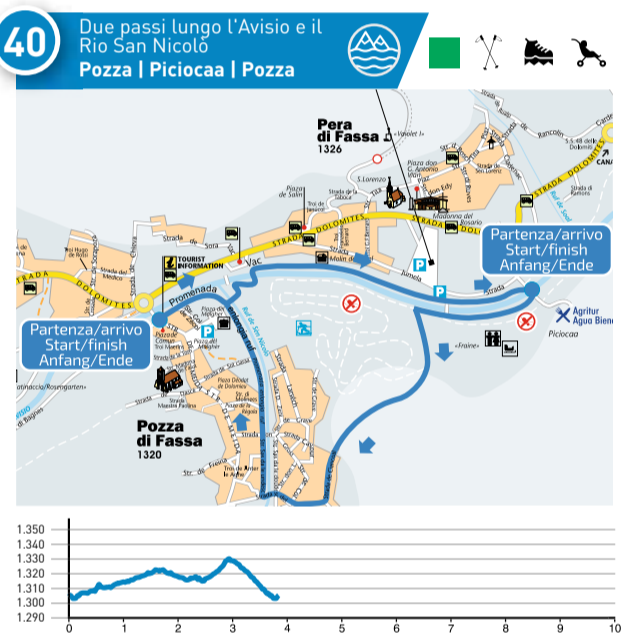
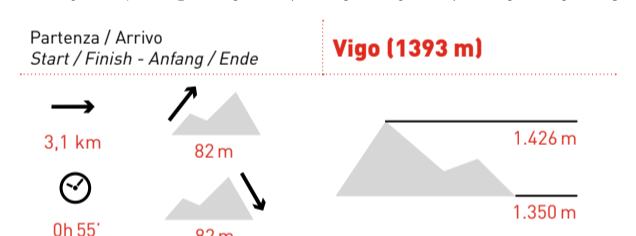
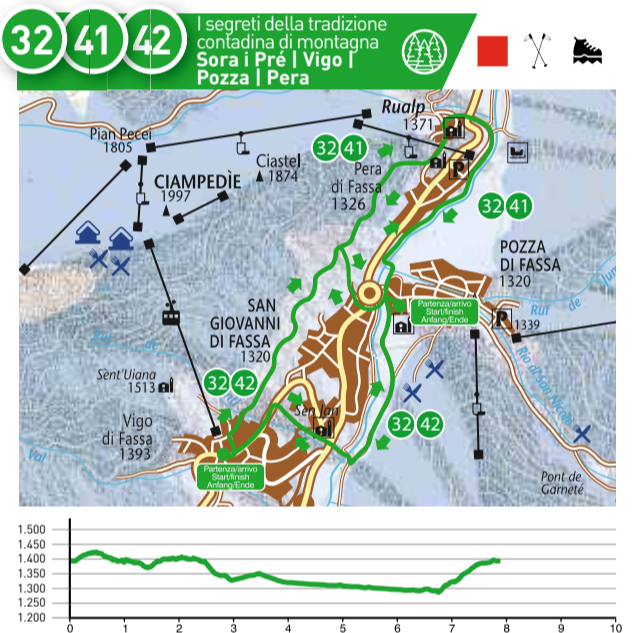
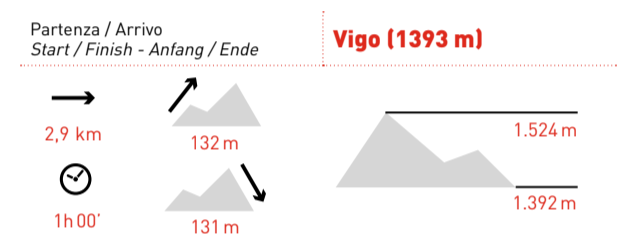
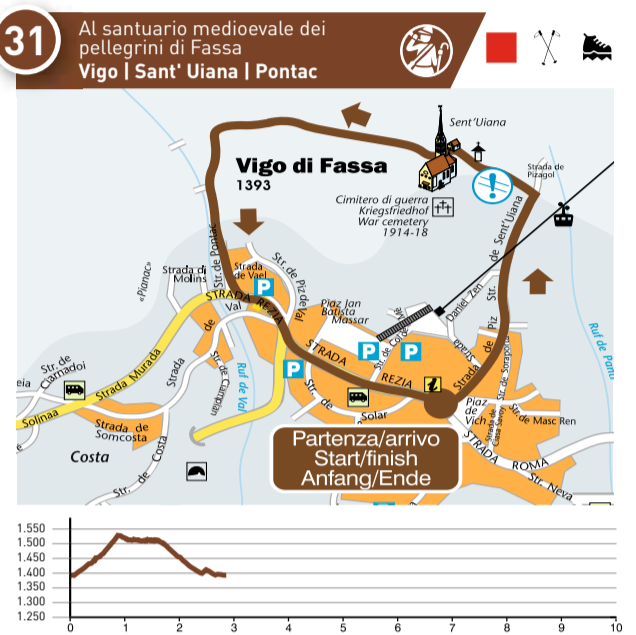
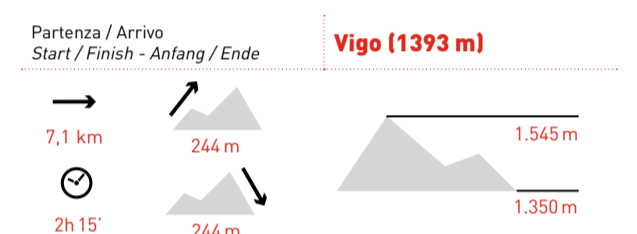
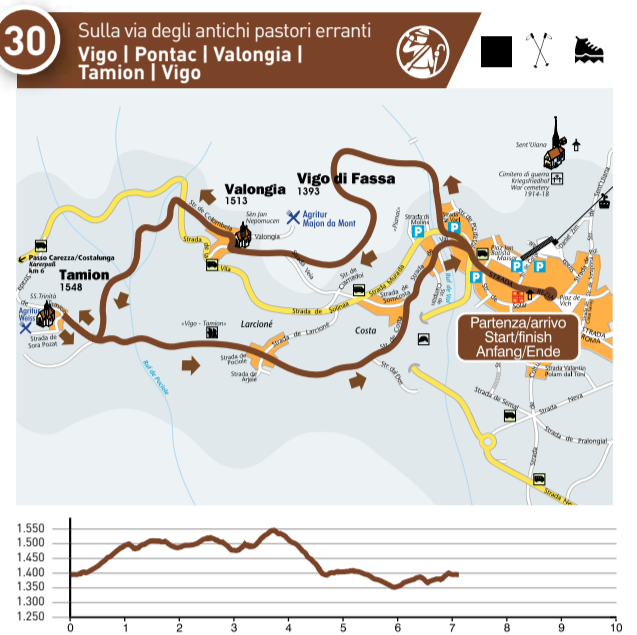
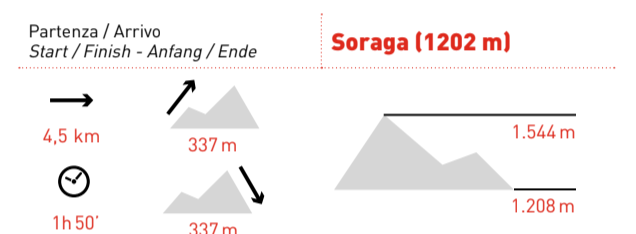
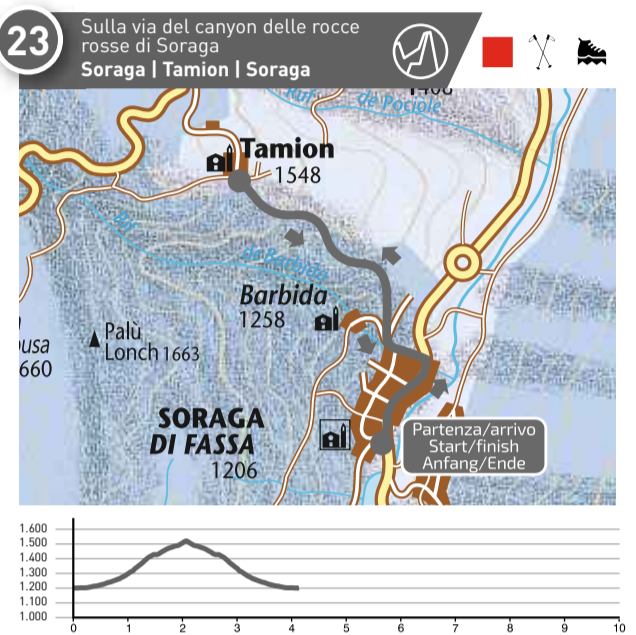
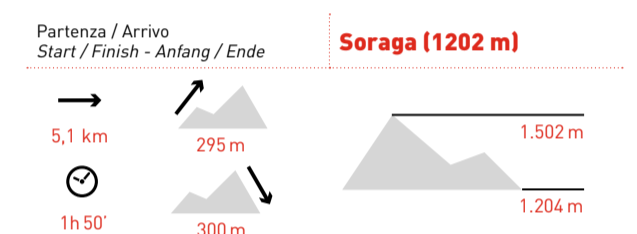
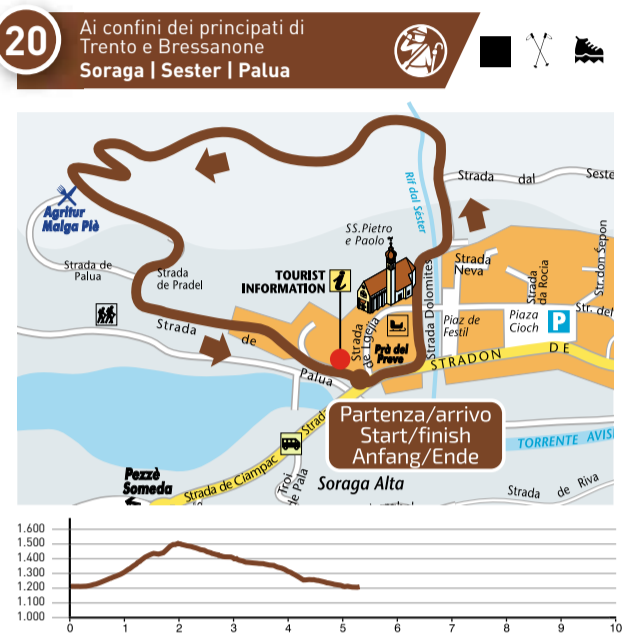
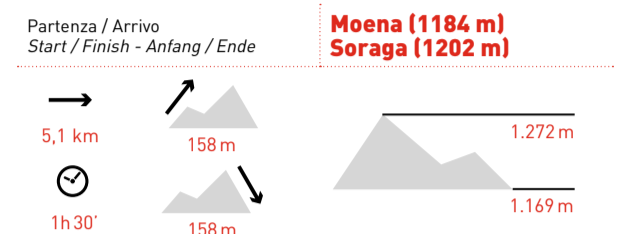
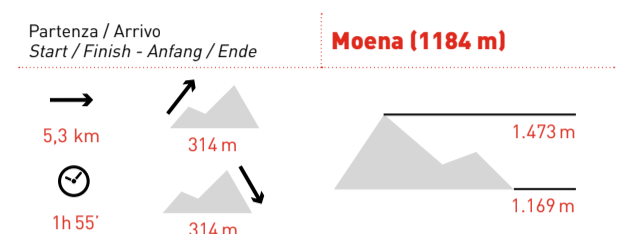
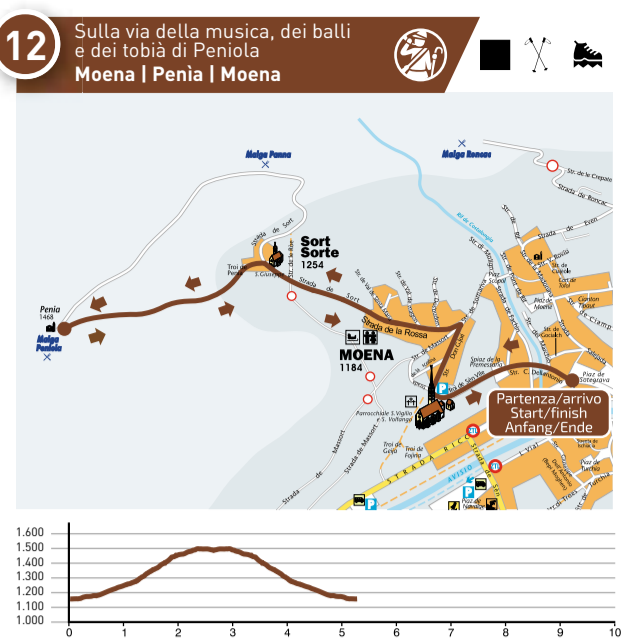
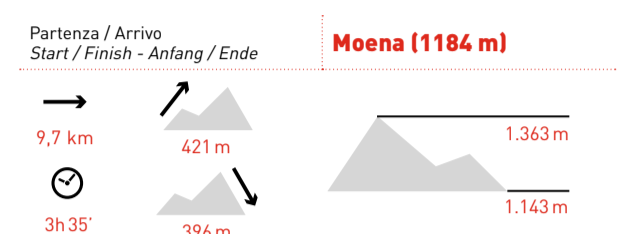
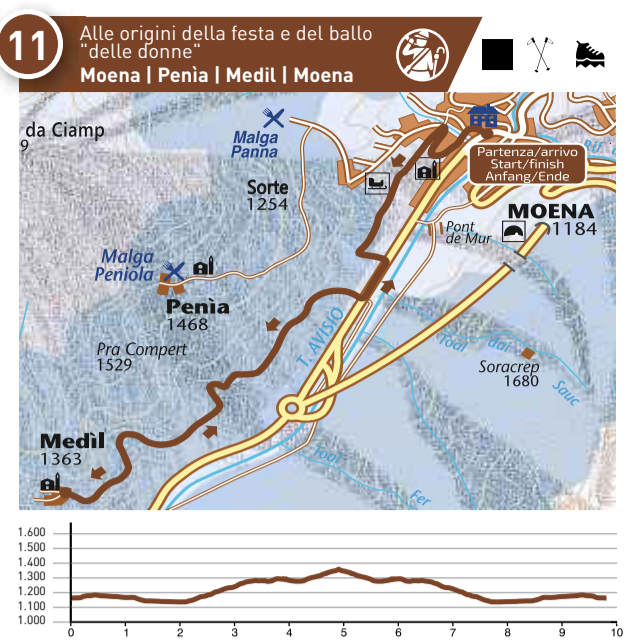
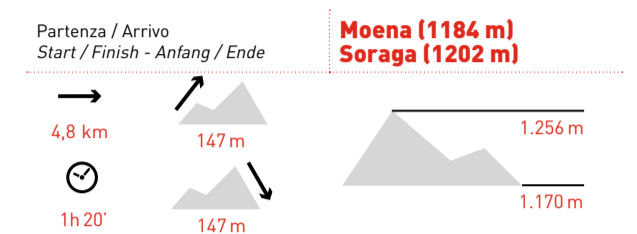
Alle Aktivitäten können auch individuell organisiert werden, jeden Tag, auf Anfrage:

INFO & BOOKING
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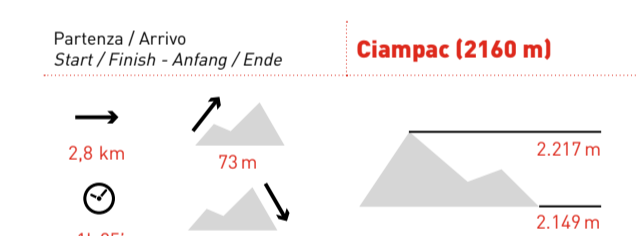
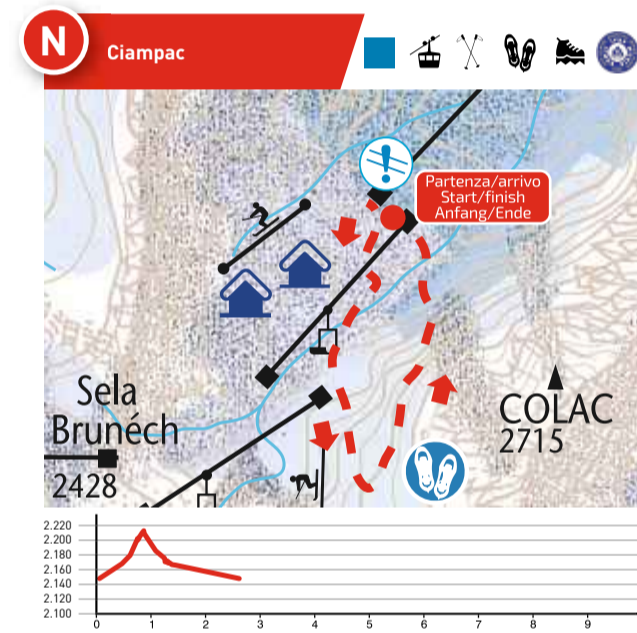
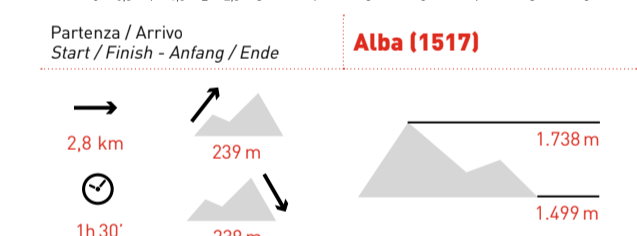
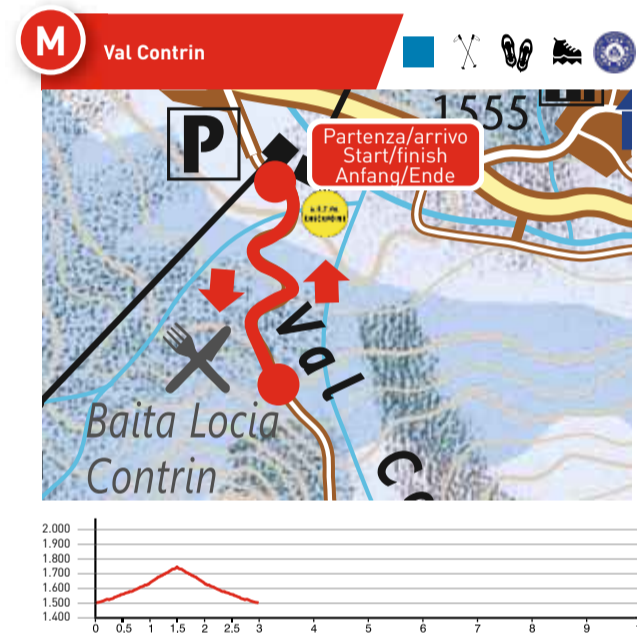
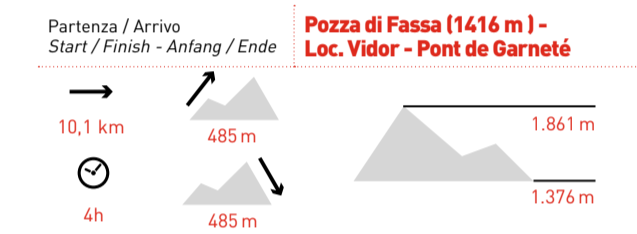
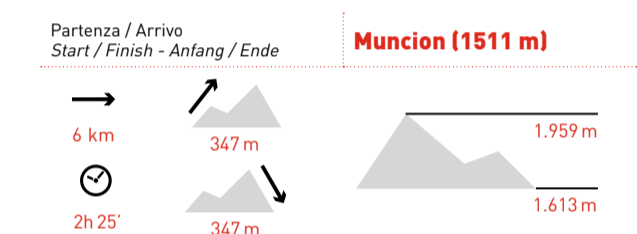
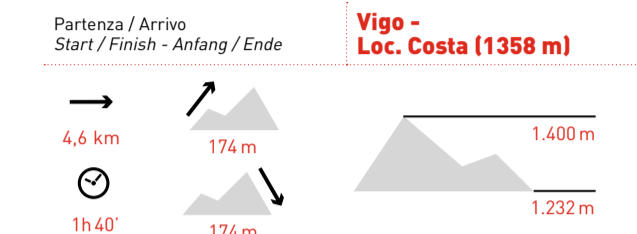
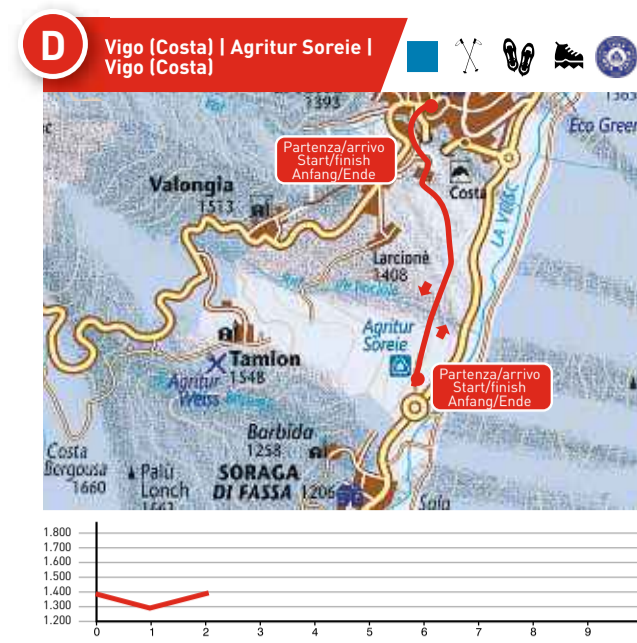
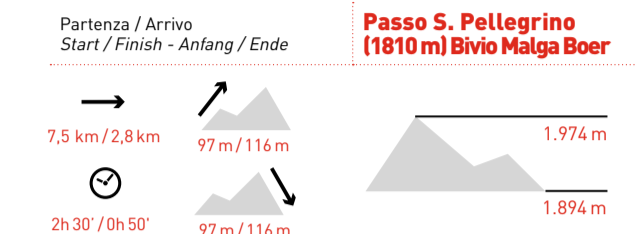
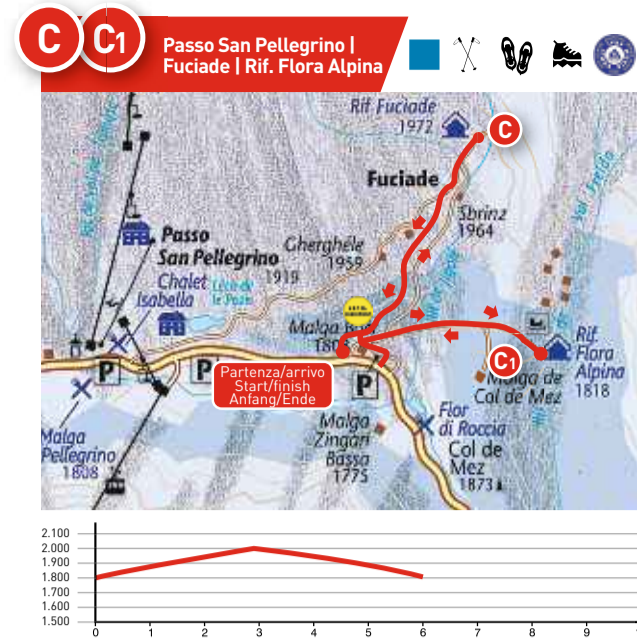
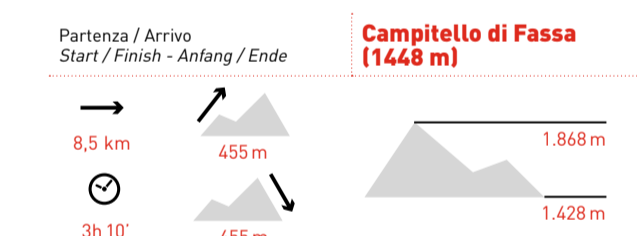
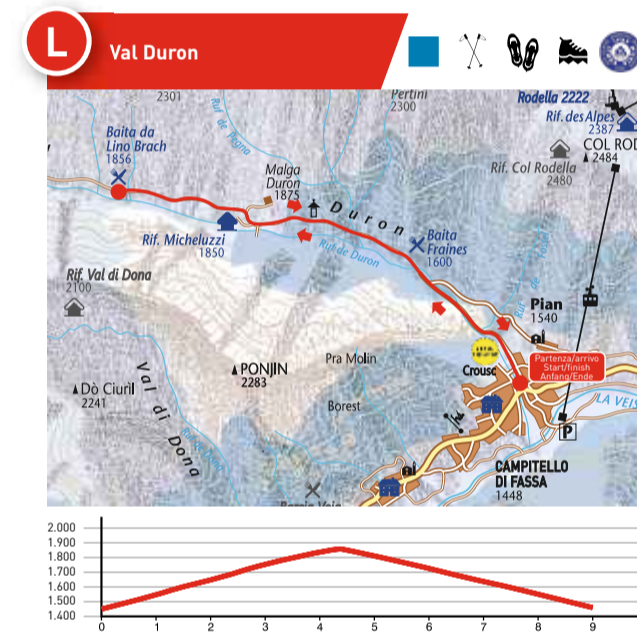
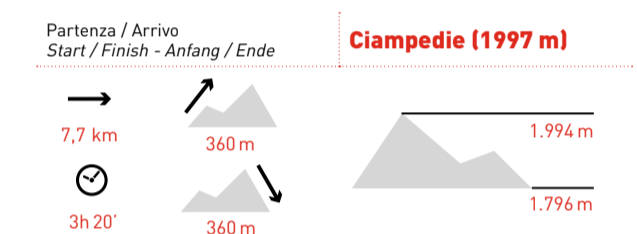
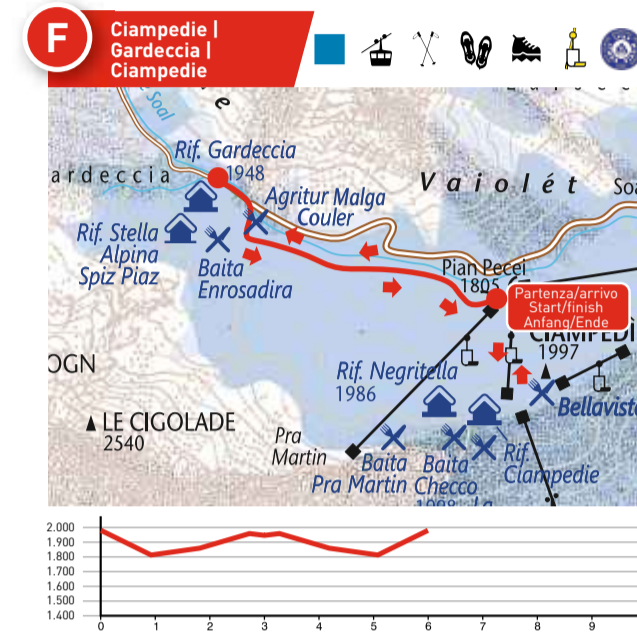
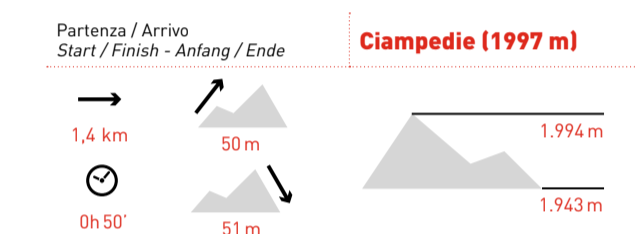
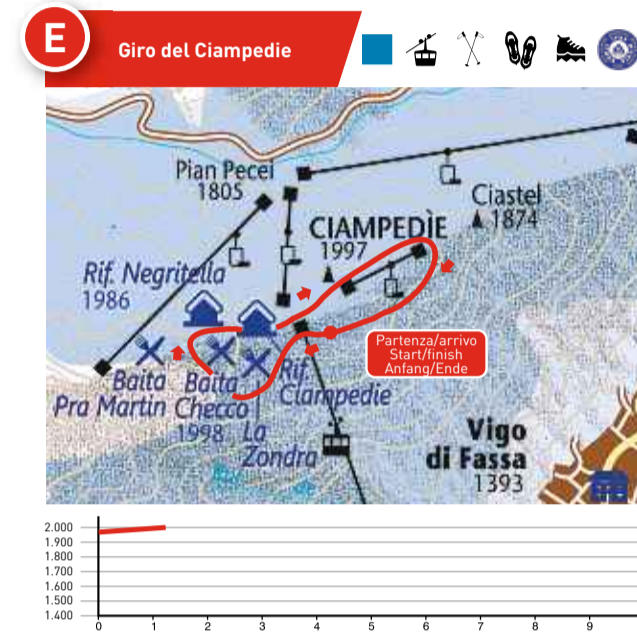
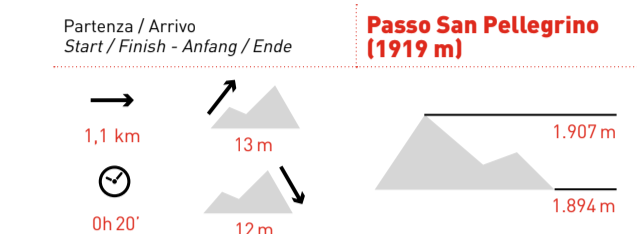
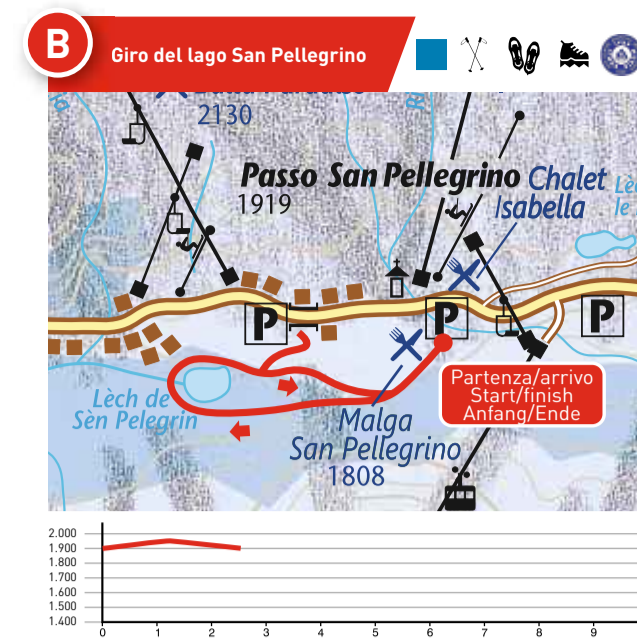
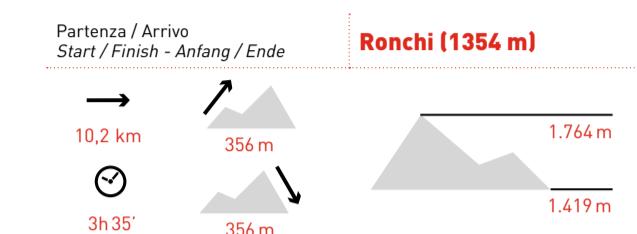
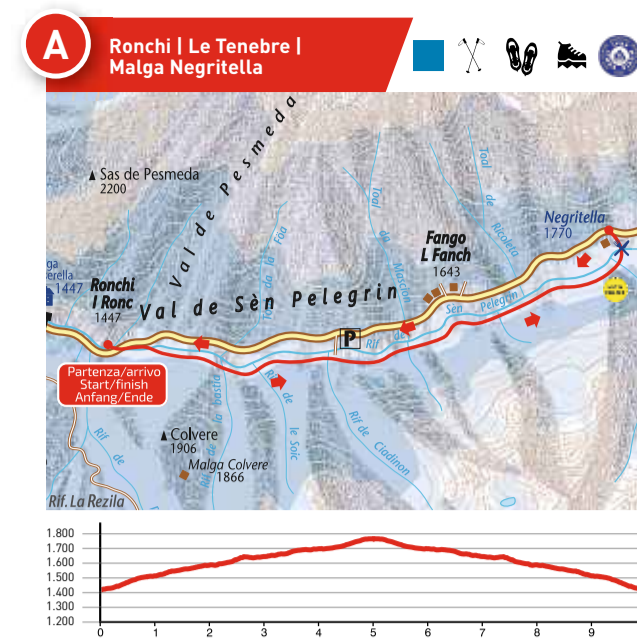
GUIDE ALPINE MOUNTAIN GUIDES BERGFÜHRER

Per ulteriori informazioni su escursioni guidate di sci d'alpinismo, ciaspolo e altre tipologie di attività, le Guide Alpine sono disponibili ai contatti sotto indicati.
For further information on guided ski mountaineering, snowshoeing or other types of activities, Alpine Guides are available at the contacts listed below.
Für weitere Informationen zu geführten Wanderungen oder anderen Aktivitäten, können Sie sich jederzeit an die Bergführer wenden.

- FASSA GUIDE**
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- GUIDE ALPINE DOLOMITI**
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Tel. +39 339 693878
- GUIDE ALPINE VAL DI FASSA**
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TEMATICHE DEI PERCORSI / ROUTE THEMES / THEMEN DER ROUTEN. Four types of trails to discover Val di Fassa. Vier Arten von Wanderwegen zur Entdeckung des Fassatal. Includes icons for Water, Nature, History/Culture, and Geology.



AVVERTENZE / WARNINGS / HINWEISE. I tracciati vengono battuti principalmente solo dal passaggio di persone a piedi. Always carry: poles, crampons, snowshoes, artva, shovel and probe. IMMER DABEI: STÖCKE, STEIGEISEN, SCHNEESCHUHE, ARTVA, SCHAUDEL UND SONDE.

GRADO DI DIFFICOLTÀ / DIFFICULTY / SCHWIERIGKEITSGRAD. SIMBOLI / PICTOGRAMS / SYMBOLE. Includes icons for snowshoes, walking poles, crampons, and other equipment.

Scala europea pericolo valanghe. Prima di partire per un'escursione consulta sempre il bollettino valanghe esposto presso gli uffici turistici e disponibile sul sito www.meteotrentino.it. Includes a QR code and a table of avalanche danger levels.

European avalanche danger scale. Before going out for an excursion, always check the avalanche bulletin available by the tourist offices and on the website www.meteotrentino.it. Includes a QR code and a table of avalanche danger levels.

Europäische Lawinengefahrenskala. Vor jeder Ausfahrt konsultieren Sie immer das Lawinenbulletin, das bei den Tourismusbüros oder auf der Website www.meteotrentino.it erhältlich ist. Includes a QR code and a table of avalanche danger levels.